

## ***Mission Statement ...***

To provide comprehensive evaluations and consultations for children and adolescents who exhibit a variety of behavioral and psychiatric problems. Our goal is to provide the most clinically effective and least restrictive level of care.

## ***Hours of Operation ...***

Monday-Friday . . . . 7:30 a.m. - 4:30 p.m.

## ***Contact Us ...***

Darnall Hospital, 5th Floor, 5-West Ward  
Phone . . . . . (254) 288-8731  
Facsimile . . . . . (254) 286-7814

## ***After Duty Hours ...***

After duty hours, weekends, and training and federal holidays, psychiatric emergency services for children/adolescents are available through the Darnall Army Community Hospital Emergency Room, 288-8114/8113 and Metroplex Hospital, (254) 519-8195.



## ***Helpful Phone Numbers ...***

### ***On-Post***

ADAPCP . . . . . 287-5246  
Army Community Service . . . . 287-2943  
DACH Emergency Room . . . . . 288-8113  
DACH Information Desk . . . . . 288-8000  
Family Violence Hotline . . . . . 287-2253  
Fort Hood Chaplains . . . . . 287-HELP  
Legal Assistance . . . . . 287-7901  
Mental Health Activity . . . . . 286-7813  
Military Police . . . . . 287-2176  
New Parent Support . . . . . 287-2286  
Social Work Services . . . . . 288-6474

### ***Off-Post***

#### ***Child Abuse/Neglect***

Killeen . . . . . 526-9011  
Copperas Cove . . . . . 547-4286  
24-Hour Hotline . . . . . 1-800-252-5400  
Families in Crisis (FAC) . . . . . 634-8309  
FAC Hotline . . . . . 1-800-373-2774

#### ***Spouse Abuse/Neglect***

Families in Crisis (FAC) . . . . . 634-8309  
FAC Hotline . . . . . 1-800-373-2774

#### ***Local Police Departments***

Killeen Police . . . . . 526-8311  
Copperas Cove . . . . . 547-4272  
Harker Heights . . . . . 699-7600  
Belton . . . . . 939-8311  
Temple . . . . . 770-5510  
Lampasas . . . . . 556-6235



Public Affairs Office  
Darnall Army Community Hospital  
Fort Hood, Texas 76544-4752  
[www.hood-meddac.army.mil](http://www.hood-meddac.army.mil)  
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1 January 2003

# **Child & Adolescent**

***Psychiatry Evaluation Service (CAPES)***



**Darnall  
Army Community Hospital**

**Fort Hood, Texas**

[www.hood-meddac.army.mil](http://www.hood-meddac.army.mil)



## Eligibility...

Services are available for children and adolescents (infant to 18 years old) of active duty and retired service members who are enrolled in DEERS and are TRICARE eligible.

## Referrals...

Referrals from the various clinics, schools, and legal system are acceptable.

## Services...

- Triage (Parents Only)

We perform a screening and classification to determine the priority of need for psychiatric care. Upon completion of required forms, a triage counselor does a brief evaluation of the problem and provides any additional paperwork or forms. The triage counselor provides an appointment with a clinician for a comprehensive evaluation and to gather information for definitive treatment recommendations.

- Crisis Intervention
- Psychosocial Evaluations
- Psychological Testing
- Psychiatric Consultations
- In-patient Admission/Referrals
- Medication Assessments
- Short Term Treatment

## Services Provided By...

Services are provided by knowledgeable staff of:

- Child Psychiatrists
- Clinical Psychologists
- Clinical Social Workers

## Support Groups...

### Attention Deficit/Hyperactivity Disorder (ADHD) Group

Tuesday, 4:15 - 5:30 p.m.

This group is for children who have ADHD. A CAPES therapist provides age appropriate information about ADHD and how to cope with the disorder. Games and activities focus on social skills, patience, listening, planning ahead, self-esteem, and other areas that usually give ADHD children and adolescents problems.

### Attention Deficit/Hyperactivity Disorder (ADHD) Psychoeducational Group for Parents

Tuesday, 4:15 - 5:30 p.m.

Depending on the desires of the group members, the group facilitator presents basic to advanced information about ADHD and treatments. This affords parents the opportunity to meet other parents of ADHD children and to discuss specific concerns. Individuals who do not have children attending the ADHD Group for children are still invited to attend the ADHD Parent Group.

### Adolescent Support Group

Wednesday, 4:15 - 5:30 p.m.

This group is a forum for adolescents to discuss pressing issues and to gain insight into themselves and others. This unique approach focuses, but is not limited to the following issues:

- Personal/interpersonal relationships
- Social/interpersonal skills
- Communication skills
- Problem solving

### Anger Management Group (Children)

Thursday, 4:15 - 5:30 p.m.

This group is for children who have difficulty dealing with their anger. The group facilitator provides games and activities that focus on anger control, problem solving, journaling, and self-esteem.

### Psychoeducational Group on Anger Management for Parents

Thursday, 4:15 - 5:30 p.m.

This is an education and support group for parents. Participants discuss family dynamics, communication skills, and problem solving. This is an opportunity for parents to meet with other parents and brainstorm about specific concerns.

